

DON'T MONKEY AROUND WITH YOUR CAREER LEARN HOW TO PROMOTE AND MARKET YOUR BRAND

ENGINEERING CAREER CENTER CULLEN COLLEGE OF ENGINEERING ROOM 302, ENGINEERING BLDG. 1 (#579) (713) 743–4230

www.egr.uh.edu/career



NIVERSITY OF HOUSTON Learning, Leading,



DO YOU KNOW HOW TO SPEAK?

THEN YOU KNOW HOW TO SPEAK IN PUBLIC!





ALL YOU NEED TO COMMUNICATE EFFECTIVELY IS:



POISE



Some of the world's most famous presenters have freely admitted to nervousness and stage fright.

"There are two types of speakers: those that are nervous and those that are liars". - *Mark Twain*



PREPARATION



Prior Proper Preparation Prevents Poor Performance of the Person Putting on the Presentation

http://www.ljlseminars.com/jobstage.htm



PRACTICE



Gain Experience – Experience builds confidence, which is the key to effective speaking. Most beginning speakers find their anxieties decrease after each presentation they give.



DO YOU BELIEVE IN WHAT YOU ARE ABOUT?

CONFIDENCE



ARE YOU PREPARED TO SHOW ME WHAT YOU ARE ABOUT?

PREPARATION





WHAT IS TOASTMASTERS?

Training in the art of public speaking, communication and leadership in the format of a social club.

HOW CAN TOASTMASTERS ASSIST YOU?

- •Learn to communicate more effectively (verbal and written)
- •Become a better listener
- •Improve your presentation skills
- •Increase your leadership potential
- •Become more successful in your career
- •Build your ability to motivate and persuade
- •Reach your professional and personal goals
- •Increase your self confidence





http://toastmasters-d56.org/clubfinder

COUGAR PAUSE or SERIOUSLY SPEAKING

UH Toastmasters Club
Club meets 1st & 3rd Saturday every month on UH campus
If you are interested in attending a club meeting as a visitor/guest
Contact: Ida Thompson, Membership President
ithompso@central.uh.edu or (713) 743-5065



QUESTIONS?

AFTER REVIEWING THIS PRESENTATION, IF YOU REQUIRE ADDITIONAL ASSISTANCE CALL (713) 743-4230